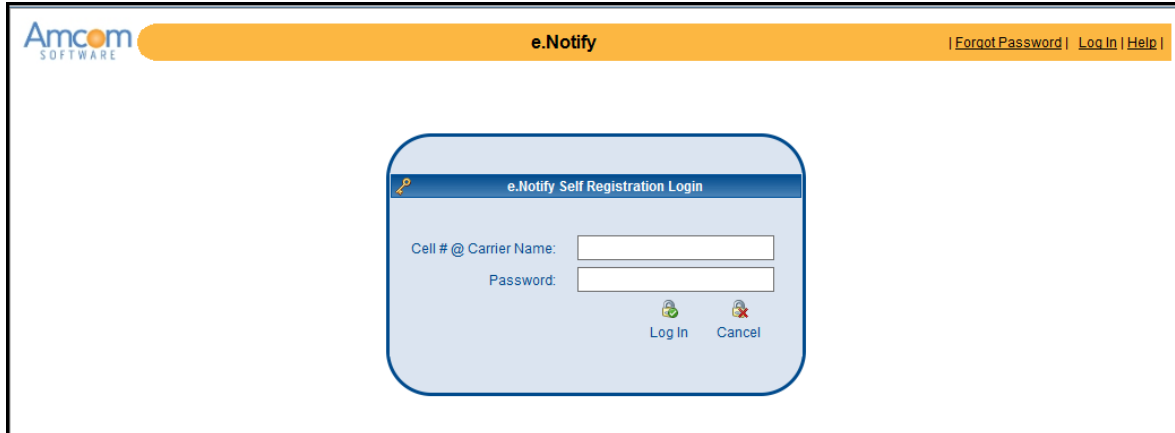


Text Alert Unsubscribe Instructions

(Contractors Employed by Inova, Volunteers, and Nursing and Allied Health Students)

If you would like to unsubscribe from receiving Inova text notifications, follow these steps:

1. Access the following: [Unsubscribe Instructions](#)



The screenshot shows the 'e.Notify Self Registration Login' form. At the top, there is a header bar with the 'Amcom SOFTWARE' logo on the left, the text 'e.Notify' in the center, and links for 'Forgot Password', 'Log In', and 'Help' on the right. The main form area contains two input fields: 'Cell # @ Carrier Name:' and 'Password:'. Below these fields are two buttons: 'Log In' and 'Cancel'.

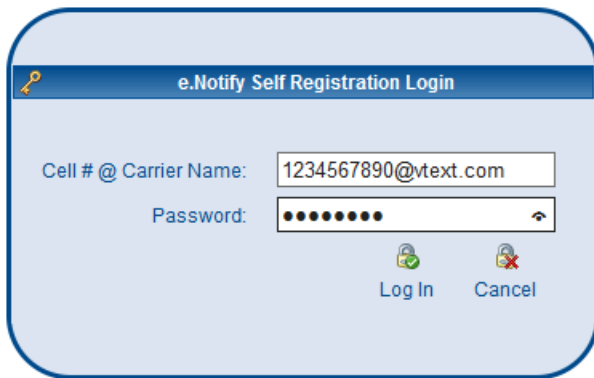
2. Enter your 10-digit cell number@carrier and **Password**. Select the **Log In** button.

Please Note: The cell phone numbers MUST be entered precisely as listed in the sample entries below with the cell phone carrier address, in order to receive the Inova text notifications.

Sample entries:

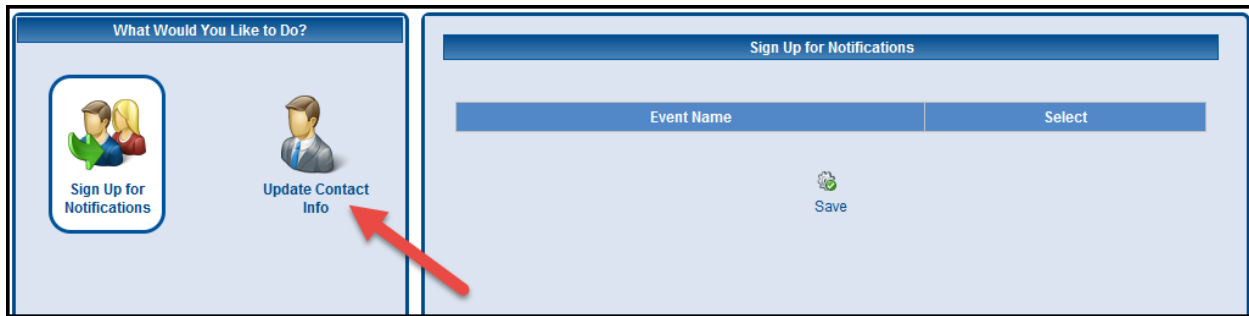
Sprint: 1234567890@messaging.sprintpcs.com
Verizon: 1234567890@vzvmg.biz
AT&T: 1234567890@txt.att.net
T-Mobile: 1234567890@tmomail.net

For additional carriers not listed above, please visit: <http://www.notepage.net/smtp.htm>

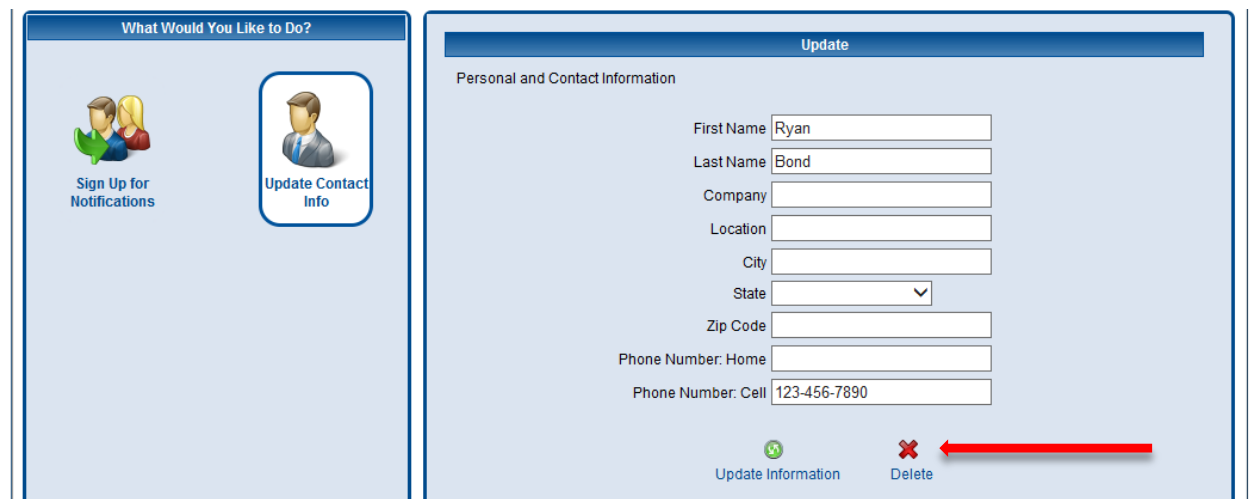


This screenshot shows the same 'e.Notify Self Registration Login' form as above, but with sample data entered. The 'Cell # @ Carrier Name:' field contains '1234567890@vtext.com'. The 'Password:' field is masked with ten dots. The 'Log In' and 'Cancel' buttons are still visible at the bottom.

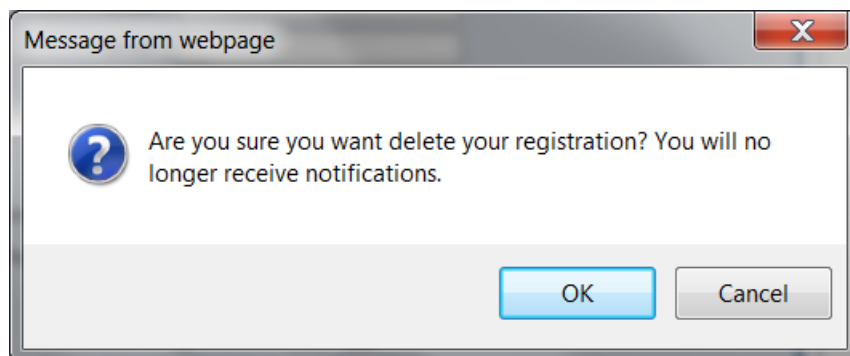
3. Select the **Update Contact Info** button.



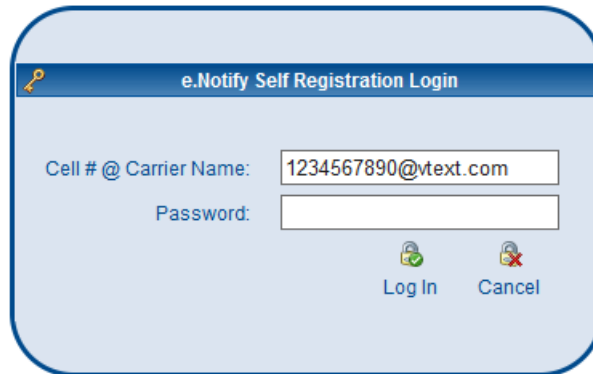
4. Select the red **X Delete** button.



5. When prompted with **Are you sure you want to delete your registration?** Select the **OK** button.



6. You will return to the login screen; however at this point you have deleted all of your personal information and will no longer receive Inova text notifications.



The image shows a login screen titled "e.Notify Self Registration Login". It features a blue header bar with a key icon on the left. Below the header, there are two input fields. The first field is labeled "Cell # @ Carrier Name:" and contains the text "1234567890@vtext.com". The second field is labeled "Password:" and is empty. At the bottom of the screen, there are two buttons: "Log In" with a green checkmark icon and "Cancel" with a red X icon.

e.Notify Self Registration Login

Cell # @ Carrier Name: 1234567890@vtext.com

Password:

Log In Cancel